



Required Tools

- 1. Hammer*
- 2. 3/16" hole punch (for toe hole)*
- 3. 1/4" hole punch (for ankle holes)*
- 4. Scissors or Utility Knife*
- 5. Sharpie Fine Point Pen*
- 6. Blank Sheet 8 1/2" x 11" paper*

Trace around foot with Sharpie keeping pen perpendicular to the floor.

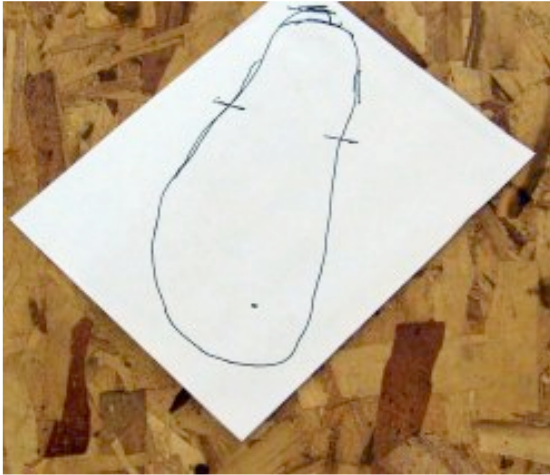
Be sure to mark the gap between your big toe and second toe.

If like me, both feet are the same size, you can use this template for both right and left foot (just flip).



Also make marks on both sides of your foot at the front of the ankle.

Outside foot hole should be on the outside edge of the foot at the place where the foot touches the ground the least.



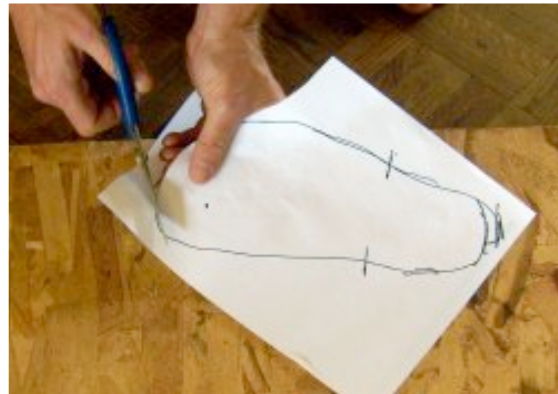
Here is what you will have when finished tracing your foot.

The outline of your foot along with marks for the toe hole and ankle holes.

Ankle holes will be approx. 1/4" in from the edge.

Next, cut out your template.

If you are like me, you will only need this one (if both your feet are the same size).



Mark the top of your right foot R.

Flip over and mark L for left.

Now you are ready to trace template onto sole material.